

PARTNERS March 2010
Living Longer Living Better



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Seniors meet at CC	2 Massage therapy	3 8:30 walking at CC	4 8:30 walking/9:15 exercise	5	6
7	8 Seniors meet at CC	9 Coffee time 10am	10 Foot clinic 8:30 walking at CC	11 8:30 walking/9:15 exercise	12	
14	15 Seniors meet at CC	16 Massage therapy	17 Foot clinic Good Luck!	18 <u>Nurse here for appointments. Please call for a time.</u>	19	
21	22 Seniors meet at CC	23 Coffee time 10am <u>Bus trip to Mahanomen</u> <u>Be at PARTNERS @ 9:30am. \$10 fee.</u>	24 Men's coffee time 10am. 8:30 walking at CC	25 8:30 walking/9:15 exercise	26	
28	29 Seniors meet at CC	30	31 9:30am Volunteer Breakfast at PARTNERS. Bring your volunteer sheets.		<u>Save the Date:</u> <u>April 17th is Tour of Tables, so mark your calendars</u>	27

